Transcript

Title: Unlearn It Live - LGBTQ+ (60 seconds) Year: 2021

Audio/video for this transcript available from: <u>http://commons.swinburne.edu.au</u>



SWINBURNE UNIVERSITY OF TECHNOLOGY

We are talking about LBGTQ+ inclusion.

CHANDRA: In South East Asia, the concept of family is a lot more ingrained in values. If you do want to come out as LBGTQIA+, I think it becomes harder because you're going against everything that is traditionally valued and as such, you risk being ostracized by everyone. Including society, including your family, you risk losing everything. That's one of the reasons why it becomes really hard for South-East Asian people to come out as LBGTQIA+. Advice I would say is, you will have to make a stand at some point because it's either hide in the shadows forever or embrace yourself for who you are. It's about communication. You need to talk to your family, whoever matters to you, and explain that this is part of you but it doesn't define you. And it's not going against the values. In fact those values should reinforce your identity because you are still who you are, you are still a wonderful person. Regardless of who you're attracted to or how you choose to identify. So you're still family.

[END OF TRANSCRIPT]